NEVADA PAIN CARE
Care You Can Believe In

Follow-up Visit Intake Paperwork

BP: _____/ _____

Pulse: _____

In order to ensure that you are getting the best possible health care, we need this form completed in its entirety every visit. We <u>cannot accept the word "same"</u> - current health status is required

Has your medical coverage changed from your last visit? ❑ Yes ❑ No
Has your address changed since from your last visit? ❑ Yes ❑ No

Your Name:_____Date of Birth:_____Date: _____

Reason For Today's Visit

❑ Medication Refill ❑ Medication Change ❑ Post-Procedure Assessment ❑ Review MRI Results

❑ Review Test Results ❑ Other: _____

Pain Description

Height:_____Weight: _____

0 1 2 3 4 5 6 7 8 9 10

Please rate your pain using a 0 – 10 scale:

_____ Your pain **right now**?

_____ Your **worst pain**?

_____ Your **least pain**?

_____ Your **average pain over the last month**?

Where is your worst area of pain located?

_____

Does this pain radiate? If so, where?

_____

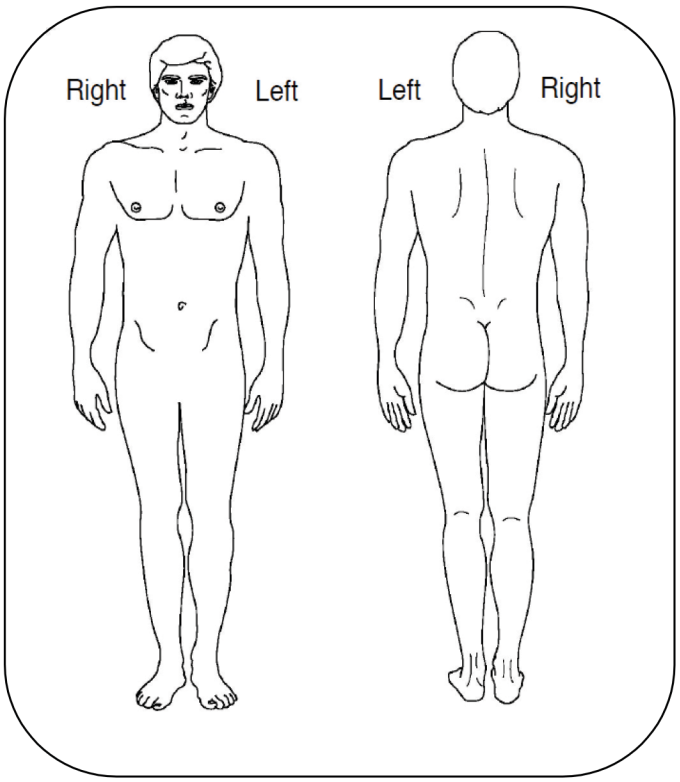
<u>Check all that describe your pain today:</u>

❑ Aching ❑ Spasming
❑ Cramping ❑ Squeezing
❑ Dull ❑ Stabbing/Sharp
❑ Hot/Burning ❑ Throbbing
❑ Numb ❑ Tingling/Pins and Needles
❑ Shock-like ❑ Tiring/Exhausting
❑ Shooting

Use the diagram to indicate the location and type of your pain.

<u>Mark the drawing with the following letters that best describe your symptoms:</u>

"**N**" = numbness "**P**" = pins and needles
"**A**" = aching "**S**" = stabbing "**B**" = burning



What word best describes the frequency of your pain? ❑ Constant ❑ Intermittent
When is your pain at its worst? ❑ Mornings ❑ During the day ❑ Evenings ❑ Middle of the night

Mark all of the following activities that are adversely/negatively affected by your pain

❑ Enjoyment of Life ❑ Normal Work ❑ Sleep
❑ General Activity ❑ Recreational Activities ❑ Walking
❑ Mood ❑ Relationships with People ❑ Other: _____

Changes Since your Last Visit

Have you developed new pain complaints since your last visit you would like to discuss today? ❑ Yes ❑ No

If so, is the new pain due to a motor vehicle accident or personal injury? ❑ Yes ❑ No

Since your last appointment, how has your pain changed? ❑ Decreased ❑ Increased ❑ Stayed the same

If you had a procedure, how much pain relief did you obtain?
❑ None ❑ 10% ❑ 20% ❑ 30% ❑ 40% ❑ 50% ❑60% ❑ 70% ❑ 80% ❑ 90% ❑ 100%
Were there any problems? ❑ No ❑ Yes If yes, please explain:_____

Since your last visit, have you developed any new:

❑ Balance Problems ❑ Bladder incontinence ❑ Bowel incontinence ❑ Chills
❑ Difficulty Walking ❑ Fevers ❑ Nausea ❑ Vomiting
❑ Numbness/Tingling – Where?_____ ❑ Weakness – Where? _____

❑ I HAVE NOT RECENTLY DEVELOPED PROBLEMS WITH ANY OF THE ABOVE CONDITIONS SINCE MY LAST VISIT.

Current Medications

Please list any ***changes from another physician*** since your last visit in the medications you are currently taking.

Medication Name	**Dose**	**Change**

Are you currently taking any blood-thinners or anticoagulants? ❑ **Yes** ❑ **No**

Medications Effects

Mark the following medication side-effects you are experiencing, if any:

❑ Confusion ❑ Constipation ❑ Dizziness ❑ Drowsiness
❑ Dry Mouth ❑ Nausea ❑ Vomiting ❑ Weight Gain

❑ I do not have any adverse side effects from current medications.
❑ I am stable on my current medication regimen.
❑ My medications help to improve my functioning and quality of life.

Allergies

Are you allergic to latex? ❑ Yes ❑ No

Review of Systems

Mark the following symptoms that you are currently suffer from.

Constitutional:
❑ Chills ❑ Difficulty Sleeping ❑ Easy Bruising
❑ Excessive Sweating ❑ Excessive Thirst ❑ Fatigue ❑ Fevers
❑ Insomnia ❑ Low Sex Drive ❑ Night Sweats ❑ Tremors
❑ Unexplained Weight Gain ❑ Unexplained Weight Loss ❑ Weakness

Eyes:
❑ Recent Visual Changes

Ears/Nose/Throat/Neck:
❑ Dental Problems ❑ Earaches ❑ Hearing Problems
❑ Nosebleeds ❑ Recurrent Sore Throats ❑ Ringing in the Ears ❑ Sinus Problems

Cardiovascular:
❑ Bleeding Disorder ❑ Chest Pain ❑ Deep Vein Thrombosis
❑ Fainting ❑ High Blood Pressure ❑ Irregular Heartbeat ❑ Lightheadedness
❑ Shortness of Breath During Sleep ❑ Swelling in the Feet

Respiratory:
❑ Cough ❑ Wheezing ❑ Pulmonary Embolism
❑ Shortness of Breath on Exertion/Effort ❑ Shortness of Breath at Rest

Gastrointestinal:
❑ Abdominal Cramps ❑ Acid Reflux ❑ Coffee Ground Appearance in Vomit
❑ Constipation ❑ Dark and Tarry Stools ❑ Diarrhea ❑ Hernia ❑ Vomiting

Genitourinary/Nephrology:
❑ Blood in Urine ❑ Decreased Urine Flow/Frequency/Volume
❑ Erectile Dysfunction ❑ Flank Pain ❑ Painful Urination ❑ Pelvic Pressure

Musculoskeletal:
❑ Back Pain ❑ Joint Pain ❑ Joint Stiffness
❑ Joint Swelling ❑ Muscle Spasms ❑ Neck Pain

Neurological:
❑ Carpal Tunnel Syndrome ❑ Dizziness ❑ Headaches
❑ Instability When Walking ❑ Numbness/Tingling ❑ Seizures ❑ Tremors

Psychiatric:
❑ Depression ❑ Feeling Anxious ❑ Stress Problems
❑ Suicidal Thoughts ❑ Suicidal Planning

Signature and Date

In the event that I am asked to provide a urine and/or blood sample, I voluntarily seek laboratory services and hereby consent to provide a urine and/or blood sample as requested. I have the right to refuse specific tests, but understand this may impact my pain management treatment. This agreement can be revoked by me at any time with written notification and is valid until revoked. I hereby assign to Reference Labs my right to the insurance benefits that may be payable to me for services provided, arising from any policy of insurance, self-insured health plan, Medicare or Medicaid in my name or in my behalf. I further authorize payment of benefits directly to Reference Labs. I understand that acceptance of insurance assignment does not relieve me from any responsibility concerning payment for laboratory services and that I am financially responsible for all charges whether or not they are covered by my insurance. I understand that the laboratories may be out-of-network with my insurance. Payment in full is expected 30 days of being notified of any balance due. Please note that in the event that you fail to make payment when due, this account will be referred to a collection agency for collections. In that event, the contingency fee assessed by the collection agency will be added to the principal and interest due. You will be additionally liable for attorney fees. Both collection agency fees and attorney fees will increase the balance you owe.

Signed:_____ Date: _____